**Учебная дисциплина:** Английский язык 1 курс

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**Meals in England**

The English are very particular about their meals and strictly keep to their meal times. Breakfasts from any time until 8 o`clock in the morning, lunch is between 12 and 2 p.m., afternoon tea is between 4 and 5 p.m. and dinner between 7 and 9 p.m. The usual English breakfast is porridge or corn flakes with milk or cream and sugar, bacon and eggs, marmalade with buttered toast, rolls, tea or coffee. For a change you can have a boiled egg, cold ham, or perhaps fish. The English often serve tea with milk. English tea is so strong that pouring it out into a cup together with a little milk you get a brownish liquid looking like weak coffee with milk. Most English people put milk in their coffee too – this is known as “white” coffee. Waiters will ask you if you want your coffee “white or black” rather than “with or without milk”. At lunch time they usually have cold meat and salad or fish often with potatoes or other vegetables, fish and chips, sausages and a sweet dish (an apple pie, a hot milk pudding, cold fruit salad, or ice-cream). Those who work have their lunch in a caf? or a restaurant, cafeteria or a factory canteen. It never happens that they miss a meal or put it off until a more convenient time. From 4 to 5 they have a very light meal called afternoon tea. You can hardly call it a meal. It`s rather an occasion in the late afternoon at which they have a cup of tea and a cake or a biscuit. Some people have the so-called ‘‘high tea’’. It`s a meal taken between 5 and 6 if a dinner is not taken in the evening. Usually it`s a more substantial meal than afternoon tea. Dinner is much like lunch and is in many families the last meal of the day. But sometimes when they have guests, dinner is the biggest meal and they may have some roast beef, roast chicken, boiled or roast potatoes, vegetables and fruits. Soup is a side dish. Almost every meal finishes with coffee, cheese and butte

**Tasks1.** **Translate these words and word-combinations:**

Meal; meal time; breakfast; lunch; afternoon tea; high tea; dinner; l cream; cornflakes; sugar; bacon; egg; boiled egg; marmalade; buttered toast; roll; tea; cold ham; brownish liquid; serve (soup, etc); meat; fish; potatoes, pudding; sweet dish; cheese; factory canteen; biscuit; sandwich; substantial meal; roast beef; vegetables.

**Task 2. Find the English equivalents for the following:**

Завтрак; обед; ужин; еда; плотная еда; овсяная каша; сливки; копченая грудинка (бекон); кукурузные хлопья; гренок; джем; булочка; чай; кофе; мясо; рыба; печенье; пудинг; сладкое блюдо; сыр; овощи; фрукты; жареная говядина (ростбиф); картофель.

**Task 3**. **Answer the following questions:**

1.Do the English keep to their meal times? 2. How many meals a day do the English usually have? 3. What are these meals? 4.What is the usual English breakfast? 5.At what time do the English have lunch? 6.What do they usually have for lunch? 7.Where do those who work have their lunch? 8.What is the difference between “afternoon tea” and “high tea”? 9.At what time do the English have dinner? 10.What do they usually have for dinner?

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**Restaurants in London**

British restaurants are not famous for their good food. Too often they offer only sausages and chips, fish and chips – chips with everything in fact! But there are some wonderful surprises in British cooking, especially the many delicious cakes and desserts, and the British certainly enjoy their food. There is a fantastic variety of restaurants of all nationalities in London where you can choose food to your taste: Italian, French, Chinese, Russian and other restaurants. Most British families only go to restaurants on special occasions, like birthdays, or wedding anniversaries. The restaurants` best customers are businessmen, who meet in them to talk business in a relaxed atmosphere away from the telephone. They can eat what they like, because the company pays the bill. But when a boy and a girl want to get to know each other better, they often go out to e restaurant together. For visitors to London, eating out can be fun. Try the Rules, in the West End. The traditional menu and decor are just like they were in Queen Victoria`s days, a hundred years ago. Or take a walk down the King`s Road in Chelsea where there are dozens of small restaurants. But if you want that special London feeling, go to the Ritz in Picadilly for tea any afternoon at about half past four. Too expensive? Then try England`s favourite food “fish and chips”. Take it away and eat it where you like – in the park, in the bus, or while you walk down the street. That`s what Londoners do!

**Tasks**

**1.Find in the text the English equivalents for the following:**

1.Английские рестораны не славятся хорошей едой.2.В Лондоне есть удивительное разнообразие ресторанов всех национальностей.3.В этих ресторанах вы можете выбрать еду по своему вкусу. 4.Большинство британских семей ходит в рестораны только по особым случаям – например, в дни рождения или свадебные юбилеи. 5.Бизнесмены встречаются в ресторане, чтобы обсудить дела в непринужденной обстановке, а юноши и девушки – чтобы лучше познакомиться друг с другом. 6.Для тех, кто приезжает в Лондон, еда вне мест проживания может доставить удовольствие. 7.В ресторане «Рулз» традиционное меню и обстановка точно такие же, какими они были во времена королевы виктории. 8.На улице Кингз Роуд есть десятки (дюжины) маленьких ресторанов. 9.Вы можете есть рыбу с чипсами где угодно – в парке, в автобусе, или во время прогулки по городу.

**2.Answer the questions:**

1. Are British restaurants famous for their food?
2. What do they often offer a customer?
3. What do you know about some wonderful surprises in British cooking?
4. Where can you choose food to your taste?
5. Are there Russian restaurants in London?
6. When do most British families go to restaurants?
7. Why do businessmen go to restaurants?
8. Do the businessmen pay the bill? Why?
9. In what cases do a boy and a girl go out to a restaurant?
10. Where can you find dozens of small restaurants in London?
11. What is the Rules restaurant famous for?
12. What is England`s favourite food and where can you eat this food?